



CATARACT SURGERY INSTRUCTIONS

Day before surgery:

- Begin using your antibiotic drop, Ofloxacin or Vigamox, the day before surgery.
 - Use 1 drop 4 times a day in the operative eye. Do not throw away these drops, you will continue to use them after your procedure.
 - Do not eat or drink anything 8 hours prior to your procedure. This includes water.
 - You can take your blood pressure medication the morning of your procedure with a small sip of water. Please do NOT skip your blood pressure medication.
 - If you are diabetic, please do NOT take your diabetic medication the morning of your procedure.
 - If you take glaucoma medications, please continue to take them as directed. Do NOT skip these drops.
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Same day of surgery:

- Go home and rest.
 - Do not rub, touch, or press on eye.
 - Do NOT remove the patch. The patch will be removed in office by our staff at your one day follow-up appointment.
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Day after surgery:

- Please bring your three drops to your one day follow-up appointment.
 - You should have:
 - Vigamox or Ofloxacin
 - Nevanac or Ketorolac
 - Prednisolone
- Wear a shield at bedtime for 1 week.
- Avoid contact sports for 1 month.
- No swimming, hot tubs, saunas, or any potentially contaminated water for 2 weeks. You may resume mild exercise 1 day after surgery, but do not increase your level of exercise for 2 weeks.
 - Time limitations on activities may be changed at the doctor's discretion.

